

Southampton Gymnastics Club's Social Media Policy for Club Members under the age of 18 years

(Within this document 'young people' or 'young persons' refers to anyone under the age of 18 years.)

Policy Overview

Social media has adapted the way we communicate. It provides people with the power to share and make the world more open and connected.

This policy has been developed to inform Southampton Gymnastics Club members about using social media and online networking platforms respectfully, so people feel enabled to participate, while being aware of their responsibilities.

Within this policy, you will find guidance for Southampton Gymnastics Club members, which will enable them to engage in social media safely and allowing them to benefit from the use of social media, subject to legal restrictions, whilst minimising the potential risks and protecting those involved.

If circumstances regarding issues with social media arise that have not been covered in this policy, we recommend contacting our Welfare Officers.

Welfare Officer: welfareteam@sotongym.co.uk

Scope

This policy applies to Southampton Gymnastics Club members who are under the age of 18 years.

The term 'social media' refers to any website and/or application that allows the user to create and share content, or to participate in social networking.

This policy applies to platforms including, but not limited to:

- Social networking (e.g. Facebook, Twitter, Pinterest, etc.)
- Video and photo sharing (e.g. YouTube, Instagram, Vimeo, TikTok, etc.)
- Blogs (e.g. Tumblr, WordPress, etc.)
- Review sites (e.g. Yelp, Trustpilot, etc.)
- Live broadcasting (e.g. Facebook Mentions, Instagram live, etc.)
- Podcasting (e.g. Spotify, iTunes, Sound Cloud, etc.)
- Instant messaging (e.g. SMS, Skype, Snapchat, WhatsApp, etc.)
- Online multiplayer gaming platforms (e.g. Xbox Live, World of Warcraft, etc.)
- Public and private online forums and discussion boards
- Any other online technologies that allow individual users to upload and share content

Please note, this policy does not apply to the personal use of social media where it is not related to or there is no reference to Southampton Gymnastics Club or its business, competitions, events, participants, staff members, volunteers, officials, groups, products, services or reputation.



Guidelines

When using social media in relation to Southampton Gymnastics Club or its business, competitions, events, participants, staff members, volunteers, officials, groups, products, services or reputation; you must adhere to the following guidelines and the Online Safety Act 2024 also taking into account The Data Protection Act (DPA) 2018 and General Data Protection Regulation (GDPR).

1. Use sound judgement -

If you are unsure as to whether or not the content you wish to share is appropriate, seek advice from others before doing so, or avoid sharing the content to be on the safe side.

2. Protect your privacy -

- Where possible, privacy settings on social media platforms should be set to limited access.
- You should be cautious about disclosing your personal details.
- Ensure that your social media platforms are password protected and that you do not share these passwords, unless your parent/guardian requests it.
- Always remember that anything you post on your social networking site including photos, pictures, video clips, statuses may be shared with other people other than those for whom it was intended, even if it was intended to be shared privately. As a result, you should avoid posting any content online that that you would not be happy for everyone to see, even if you feel confident that particular individuals would never see it.

3. Consider who you are inviting to be your 'friend' -

- Consider who you are inviting to be your friend and follow the good advice of the social networking sites to ensure you are talking to the person you believe you are talking to.
- Do not ask your coach, a judge, volunteer of the club or club official to be your social networking site friend. They will refuse as that would breach good practice and British Gymnastics Safeguarding and Protecting Children Policy. You should only use the Club's channels (Club Phone Number or Club email addresses) to contact my coach/Club officials and should not seek out individual members of staff or coaches via social networking platforms.

4. Avoid anonymous posting -

Do not post anonymously. You should assume that all posts can be tracked back to you. You are accountable for your actions both on and offline, including the information you post via your personal social media accounts.

5. Respect sensitivity -

When using social media platforms, you should be considerate of others and should refrain from posting information when you have been asked not to, or where consent has not been requested and agreed (if a post is relating to someone under the age of 18 years of age, parental/guardian consent is required).

6. Gain permission when publishing a person's identifiable image -

- Before posting images or videos relating to Southampton Gymnastics Club activities, you must ensure that permission is sought from any clearly identifiable individuals before posting. Again, if the individuals are under the age of 18 years, parental/guardian permission must be sought).
- When posting images/videos of gymnastics skills, it is good practice to request coaches' permission, before uploading the image/video.

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Social Media Policy 1

7. Comply with applicable laws -

You must not post or link to content that contains illegal or indecent content, including defamatory, vilifying, malicious or misleading and deceptive content.

8. Discrimination, harassment and bullying -

- Never post, share or send any photos, videos or make comments that may be offensive, hurtful, discriminatory, embarrassing, intimidating, hateful, racist, untrue, upsetting or otherwise inappropriate and that you may regret sharing later on, or that can be used by other people in a way you did not intend or want.
- Remember, it can be difficult to delete information that has been shared or copied as soon as it had been uploaded.
- Avoid making comments that will harm the reputation of the Club.
- You should not use social media platforms to criticise or verbally abuse Southampton
 Gymnastics Club, its members, staff or officials in an inappropriate and unacceptable manner,
 and understand that this will result in the club following British Gymnastics guidance and may be
 subject to disciplinary actions.

9. Responsible behaviour and awareness of the consequences -

Understand that what you post on social media is your responsibility, and failure to adhere to these guidelines may result in Southampton Gymnastics Club following guidance from Club officials and/or British Gymnastics to put in motion the most appropriate course of action. This may put your membership at the club at risk.

Disciplinary Action

In the event these guidelines are not adhered to, Southampton Gymnastics Club will follow guidance from Club officials and/or British Gymnastics to understand the most appropriate course of action.

Reporting a Breach

If you come across any inappropriate or unlawful content online in relation to Southampton Gymnastics Club, its service, members, staff, etc. or any content that may otherwise been posted in breach of this policy, you should report the circumstances immediately to welfareteam@sotongym.co.uk



APPENDIX 1.

Acceptable use of internet and social networking platforms agreement

(Within this document 'young people' or 'young persons' refers to anyone under the age of 18 years.)

Southampton Gymnastics Club understands the importance of online communication for children's and young people's development, subject to legal restrictions. However, we recognise that relevant safeguards need to be put in place to ensure children and young people remain safe while online or using social networking platforms.

We kindly ask that all parents/carers spend some time reading through and discussing this statement with their child and then sign and return this form to their coach, receptionist or the post box at the office door.

Agreement of Child/Young Person:

- 1. I will be responsible for my behaviour when using my phone at Southampton Gymnastics Club, including the content I access and how I conduct myself.
- 2. I will not deliberately create, browse or access material that could be considered offensive or illegal. If I accidentally come across any such material, I will report this to a member of staff.
- 3. I will not use social media or the internet to send anyone, especially Club members, Coaches, Officials, the Club, etc. material that could be considered threatening, offensive, upsetting, bullying or that is illegal.
- 4. I will not use social networking sites to criticise or verbally abuse Southampton Gymnastics Club, its members, staff or officials in an inappropriate and unacceptable manner, and understand that this will result in the club following British Gymnastics guidance and may be subject to disciplinary actions.
- 5. I understand that I should only use the Club's channels (Club Phone Number or Club email addresses) to contact my coach/Club officials and should not seek out individual members of staff or coaches or club officials via social networking platforms.
- 6. I understand that all my use of the internet and social media is potentially visible to everyone and that any issues involving my behaviour online may be addressed by my coach or other staff members at the Club.
- 7. I will not give out any of my personal information (such as name, age, address or contact number) online, or that of anyone else.
- 8. I will not share my passwords with anyone else, unless my parent/carer requests it.
- 9. I will not arrange to meet someone that I have met online unless accompanied by a member of staff or a parent.



Social Media Policy 1

- 10. I understand that these rules are designed to keep me safe, and if they are not followed my parents may be contacted.
- 11. I will avoid using my mobile phone during activities as I understand that it will have an impact on my safety and my opportunity to learn and achieve.
- 12. I am aware that if I am experiencing bullying behaviour or abuse online, I can contact my coach, a Club Welfare Officer, or the Club Wellbeing Officer.
- 13. I know I can contact Childline on 08001111 or at www.childline.org.uk if I have any worries about something I've seen or experienced online.